

# Billiard University (BU) Instructional DVD Series Outline

[BilliardUniversity.org](http://BilliardUniversity.org)

## BU I –Basics and the BU Process [1 hr 4 min]

1. **Introduction** [0:00 – 4:53]
2. **Table Setup** [4:53 – 10:26]
3. **Video Recording** [10:26 – 15:51]
4. **Fundamentals Review** [15:51 – 28:42]
5. **pre-shot routine** [16:16 – 19:00]
6. **stance** [19:00 – 21:47]
7. **stroke** [21:47 - 28:42]
8. **Exam I Overview** [28:42 – 43:32]
9. **Exam II Overview** [43:32 – 58:07]
10. **Submittal** [58:07 – 1:01:35]
11. **Wrap Up** [1:01:35 – 1:04:12]

## BU II – Exam I: Fundamentals [1 hr 4 min]

- Introduction** [0:00 – 0:53]  
**F1 – Cut Shot Drill** [0:53 – 5:05]  
**F2 – Stop Shot Drill** [5:05 – 11:34]  
**F3 – Follow Shot Drill** [11:34 – 17:36]  
**F4 – Draw Shot Drill** [17:36 – 24:08]  
**F5 – Stun Shot Drill** [24:08 – 32:52]  
**F6 – Ball Pocketing Drill** [32:52 – 39:17]  
**F7 – Wagon Wheel Drill** [39:17 – 50:38]  
**F8 – Target Pool Drill** [50:38 – 1:01:47]  
**Wrap Up** [1:01:47 – 1:04:15]

## BU III – Exam II: Skills [1 hr 6 min]

- Introduction** [0:00 – 0:55]  
**S1 – Line of Balls Drill** [0:55 – 8:18]  
**S2 – Rail Cut Shot Drill** [8:18 – 12:47]  
**S3 – 9-Ball Pattern Drills** [12:47 – 21:04]  
**S4 – 8-Ball Pattern Drills** [21:04 – 27:51]  
**S5 – Safety Drill** [27:51 – 35:24]  
**S6 – Kick Shot Drill** [35:24 – 39:56]  
**S7 – Bank Shot Drill** [39:56 – 44:09]  
**S8 – Jacked Up Shots Drill** [44:09 – 47:40]  
**S9 – Jump or Masse Drill** [47:40 – 54:00]  
**S10 – Break Drill** [54:00 – 1:02:57]  
**Wrap Up** [1:02:57 – 1:05:47]