

Billiard University (BU) Instructional DVD Series Outline

BilliardUniversity.org

BU I – Basics and the BU Process [1 hr 4 min]

1. **Introduction** [0:00 – 4:53]
2. **Table Setup** [4:53 – 10:26]
3. **Video Recording** [10:26 – 15:51]
4. **Fundamentals Review** [15:51 – 28:42]
5. **Pre-shot routine** [16:16 – 19:00]
6. **Stance** [19:00 – 21:47]
7. **Stroke** [21:47 - 28:42]
8. **Exam I Overview** [28:42 – 43:32]
9. **Exam II Overview** [43:32 – 58:07]
10. **Submittal** [58:07 – 1:01:35]
11. **Wrap Up** [1:01:35 – 1:04:12]

BU II – Exam I: Fundamentals [1 hr 4 min]

- Introduction** [0:00 – 0:53]
F1 – Cut Shot Drill [0:53 – 5:05]
F2 – Stop Shot Drill [5:05 – 11:34]
F3 – Follow Shot Drill [11:34 – 17:36]
F4 – Draw Shot Drill [17:36 – 24:08]
F5 – Stun Shot Drill [24:08 – 32:52]
F6 – Ball Pocketing Drill [32:52 – 39:17]
F7 – Wagon Wheel Drill [39:17 – 50:38]
F8 – Target Pool Drill [50:38 – 1:01:47]
Wrap Up [1:01:47 – 1:04:15]

BU III – Exam II: Skills [1 hr 6 min]

- Introduction** [0:00 – 0:55]
S1 – Line of Balls Drill [0:55 – 8:18]
S2 – Rail Cut Shot Drill [8:18 – 12:47]
S3 – 9-Ball Pattern Drills [12:47 – 21:04]
S4 – 8-Ball Pattern Drills [21:04 – 27:51]
S5 – Safety Drill [27:51 – 35:24]
S6 – Kick Shot Drill [35:24 – 39:56]
S7 – Bank Shot Drill [39:56 – 44:09]
S8 – Jacked Up Shots Drill [44:09 – 47:40]
S9 – Jump or Masse Drill [47:40 – 54:00]
S10 – Break Drill [54:00 – 1:02:57]
Wrap Up [1:02:57 – 1:05:47]